

Client Name and Date of Birth _____

The *Diagnostic and Statistical Manual of Mental Disorders (DSM)* is a guide published by the American Psychiatric Association that explains the signs and symptoms ... of mental health conditions. Mental health providers use the *DSM* to diagnose ... and, if necessary, determine appropriate treatment. Health insurance companies also use the *DSM* to determine coverage and benefits, and to reimburse mental health providers.¹

___ Your initials indicates that you might bill insurance.

The latest version is DSM5 and its “Level 1” starts with the client/guardian’s assessments. This psychotherapy practice provides our clients with each of these “Rating” tools as needed:

- DSM–5 Self-Rated Level 1 Cross-Cutting Symptom Measure, Adult
 Dates Provided: _____ Completed: _____
- DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure, Child Age 6-17
 Dates Provided: _____ Completed: _____
- DSM–5 Self-Rated Level 1 Cross-Cutting Symptom Measure, Child Age 11 to 17
 Dates Provided: _____ Completed: _____

“Level 2” measures are provided to the client/guardian as needed:

Depression <i>Provided:</i> _____ <i>Completed:</i> _____	Physical Issues <i>Provided:</i> _____ <i>Completed:</i> _____
Anger <i>Provided:</i> _____ <i>Completed:</i> _____	Sleep Issues <i>Provided:</i> _____ <i>Completed:</i> _____
Mania <i>Provided:</i> _____ <i>Completed:</i> _____	Repetitive Thoughts/Behaviors <i>Provided:</i> _____ <i>Completed:</i> _____
Anxiety <i>Provided:</i> _____ <i>Completed:</i> _____	Substance Use <i>Provided:</i> _____ <i>Completed:</i> _____

¹ Source: Mayo Clinic - Adult Health, "Mental health: What's normal, what's not", <http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/mental-health/art-20044098> (Retrieved February 20, 2017)

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DSM5 measures the severity and are used as needed for:

Depression	Post Traumatic Stress
Agoraphobia	Social Anxiety
Separation Anxiety	Acute Stress
Generalized Anxiety	Panic
Specific Phobia	Dissociative Symptoms

There are also DSM5 measures for certain disabilities, personality assessment and life history.

Client/Guardian Signature and Date:

Supervised Intern Name, BBS Registration ID, Signature and Date:

Reviewed by Victor Bloomberg, LCSW: Signature and Date: