

# Personal Status Inventory | 2018

Client Name and Date of Birth \_\_\_\_\_

Date Completed \_\_\_\_\_

Positive results from psychotherapy are achieved by teamwork. In that spirit, the traditional Mental Status Exam<sup>1</sup> (which is completed by a clinician who observes the patient) has been renamed and is provided for your active engagement. You may complete it and bring it with you to any session.

Appearance
Level of alertness
Speech
Behavior
Awareness/orientation
Mood
Emotions
Thought Process
Thought Content
Memory - Short-term
Memory - Long-term
Simple Arithmetic
Judgment
Reasoning

<sup>1</sup> Resource: "A Practical Guide to Clinical Medicine: A comprehensive physical examination and clinical education site for medical students and other health care professionals – The Mental Status Exam", <http://meded.ucsd.edu/clinicalmed/mental.htm> (Retrieved April 7, 2012)